



CRIMINON

F L O R I D A

★ ★ ★
STELLAR
NEWS

CRIMINON MEANS "NO CRIME" | REHABILITATION IS POSSIBLE

2ND QUARTER 2024



Criminon Florida...

is part of an international non-profit network dedicated to helping inmates learn to be productive members of society.

Uplift and be uplifted!

THE CYCLE OF INSPIRATION

To inspire: to encourage someone by making them feel confident and eager to do something.

This Newsletter is all about the cycle of inspiration - you inspire OTHERS, your success stories inspire US, our Newsletters inspire YOU... and they, in turn, inspire OTHERS.

As a Stellar, using the knowledge you have gained on the Criminon program, you inspire others who sense your positivity and notice how you negotiate life successfully.

Bradley M., new Stellar Student, wrote a success story which inspired the Criminon team. He concluded with these words: "Thank you for the opportunity to learn how to help others. I am surely a better person now, drug-free, thoughtful and forever learning."

Bradley also writes about persistence; prison life throws up all sorts of obstacles, whether it be lost or confiscated property, undelivered mail, or simply a

noisy, crowded environment. We at Criminon know what it took to achieve the status of Stellar Student - that's why every Stellar made is a huge win and an inspiration to us.

Stellar Donald M. suffered a series of emotional losses and saw his life spiral downwards until, in his words, "I truly felt at the bottom, and didn't really care anymore." He recounts how, in this desperate state, he received the Criminon Newsletters: "I read them 5 times that night. They made me realize what my problem was - I had lost my core values. I had lost sight of the information *The Way to Happiness* had taught me. It took your words to bring my life back, to bring clarity and focus to a foggy, cluttered mind."

Be an inspiration to others, inspire us by sharing your successes and we will continue to inspire you by sharing your uplifting stories in this Newsletter!

- The Criminon Florida Team





SUCCESSSES FROM THE WORLD OF STELLAR STUDENTS

I'LL CARRY THIS KNOWLEDGE FOREVER

Wow, I did it! I feel like I've accomplished something very worthwhile. The knowledge that these Life Improvement Courses offered me is something I will carry and remember forever because it has truly made me the better person I am today. I will never forget my cellmate in 2016 that introduced me to Criminon. It has truly been a blessing. I fell in love with *The Way to Happiness* and that carried me all the way to Stellar status. I encourage every person that is reading this to persevere, to continue your studies even if you have to take a break. Now I want to facilitate Criminon seminars at my institution because of the impact this program has had on my life. | **Dwayne L.**

A SENSE OF ACCOMPLISHMENT

I found *The Way to Happiness* by improving my ability to learn, finding out the truth about drugs, developing personal integrity, properly dealing with suppression and also learned some very important skills to raise children by. Finishing what I

started also gave me a great sense of accomplishment in something positive to help me make a change. | **Jason S.**

A SENSE OF SELF-WORTH

When I opened the envelope from Criminon and saw the "Stellar Achiever" Certificate I felt so elated! I felt a sense of accomplishment and self-worth. I truly feel like someone now, not like an animal in a cage. My supervisor kept me motivated and focused especially when I felt like giving up when things got hard. I really appreciate her and the entire Criminon team. Thank you all! | **Derrick G.**

I AM A BETTER MAN NOW

The *Way to Happiness* gave me an idea of what Criminon is all about; living a life crime free, drug-free, respecting self and others, learning and rehabilitation. After completing this course, I quit using drugs. It wasn't easy but I'm much happier now. On the Learning Improvement Course I had a paradigm shift; now I know that a

person ALWAYS gives up studying because they went past misunderstood words. The Truth About Drugs solidified my resolve to remain drug-free. During the Personal Integrity Course I examined my past overt acts and placed honesty at the forefront, and with my supervisor's help and tenacity, I was able to see the positive changes within me. Ups and Downs in Life taught me about antisocial people. I know they can drag me down or even make me sick, but now I can identify them as a problem source and avoid them, as pointing out their flaws won't work. Although I won't be able to apply what I have learned to parenting, I can see how to use the data on Parenting Skills to listen actively when communicating with adults. I became a Stellar after nearly 6 years. I persevered in spite of all the obstacles, but would not have made it without the help of my supervisor and his insightful, instructive letters. We made a good team. Thank you Criminon for the opportunity to learn how to help others at no cost. Surely I am a better man now, drug-free, thoughtful and forever learning. | **Bradley M.**



TOP STELLAR PLAYERS

Well done to all this quarter's players. Keep up the great work of getting others to improve their lives by starting on The Way To Happiness Course. Special congratulations to the six highest scoring players!

Robert F. 180
Jason S. 155

George B. 135
Gregory N. 100

Nathaniel C. 100
Christopher W. 85



STELLAR STUDENTS

Very well done to all of the students listed here for becoming a Stellar Student this quarter!

Bradley M.
Darrow S.

Dwayne L.
Jason S.

Derrick G.



CAT'S CORNER

Criminon is an organization of volunteers. We do what we do because we want to help inmates who want to help themselves. It's rewarding to see these same people then expand to take responsibility to help others. Many of us have a strong purpose to help individuals like you – our Stellar Students – because we are inspired by the growth and change we see in you because of the Criminon program.

The two Stellar letters mentioned in the feature article were truly amazing. I shared parts of both with the other Criminon executives and volunteers, with a group of seminar graduates at Everglades C.I., and with the audience at a conference about the value of volunteering.

Inspirational? For sure! It made me eager to do more, and reminded me of this L. Ron Hubbard quote:

"Here we have somebody who is happy, who is cheerful, who is strong, who finds there is something worth doing in life. What do we discover in this person? We find out that he is making life. Now, there is actually the single difference: Are you making life or is life making you?"

Many of you are "making life" – doing positive things – influencing others and changing conditions around you. The important thing is to do something instead of nothing.

Thank you for what you are doing and continue to "make life"! I challenge each of you to inspire me often so I can inspire others with your successes.

=^..^=

Cat

WORDS FROM THE WISE

After reading the recent Stellar Newsletter entitled "Share the Wisdom", I was inspired to write these words.

Proper thinking helps us, the incarcerated, make wise choices that enhance our survival in this environment. Your way of thinking will decide whether you remain free of disciplinary reports or are sent to close management. It determines whether, on release day, a family member picks up a positive person who is confident about the future, or finds a spiritless shell without hope.

The Criminon program really works when the knowledge is applied. We see this when we, as Stellar students, use it to diffuse a potentially violent situation with positive thinking and communication, instead of resorting to combative behavior. We don't react unthinkingly, we think and then apply the data we have learned.

Thanks to the Criminon program, I think and act differently; I am a better man to myself and to others. Sharing the wisdom gained through studying Criminon courses continues to benefit every aspect of my life. Actions speak louder than words. Don't talk about it... do it!

- Broadus H.



We want to hear from you!

Tell us about your wins and successes.
Write us at Criminon Florida:
PO Box 2396 Clearwater Florida 33757



THE WAY TO HAPPINESS HOW TO PLAY

The name of the game is getting new students onto and using the precepts of *The Way to Happiness* distance learning course. It's a win-win situation. You win, the students you enroll win, and others in your institution win too. YOU can make a difference in someone else's life!

- Signing up students is the first step. Choose people you think are ready for a change. Tell them about how much your life has changed since you started on the Criminon program, and in particular your wins from *The Way to Happiness* Course. Do they want changes in their life too?
- Give him/her one of the enclosed yellow course request cards. They can also write a letter requesting the course. A new student must be the one requesting to start *The Way to Happiness* Course. You cannot fill out a card and request it for him or her. **Remember, only give out yellow cards to NEW students, NOT to those already on the program.**
- Follow up with this person to make sure they received *The Way to Happiness* book and course materials. Make sure they are doing the lessons and sending them in. Completing the course is what we are going for, so they can apply the material to change their lives. Some may need extra help understanding the material. Many need reminders of how valuable the course is, and how important it is to keep sending their lessons in.
- Once we receive a request card or letter with your name on the referred-by line, you get 15 points for a sign-up. The office then sends materials out to your student. When their first lessons come into the office, you get another 35 points and when they complete the course, you get 50 additional points for a total of 100 for each student who completes.
- All your referred students and earned points are tracked and reported each quarter. There is no carry over from one quarter to another. Everyone starts the game with zero points at the start of a quarter.
- When 3 or more students you refer send in their first lesson, you will receive a commendation from Alison at the end of the quarter.
- When you need more yellow cards, just write to Eddie and ask for more. They are easy to hand out to others who fill them out and just drop them in the mail. Be sure to put your name on the bottom line (referred by). If you can't use the cards, ask your librarian or chaplain if you can put them out for others to pick up, or if you can post them on a bulletin board. **YELLOW CARDS ARE FOR SIGNING UP NEW STUDENTS ONLY.**

WHERE ARE THE MOST STELLARS?

Here are the institutions with 10 or more Stellars. Annexes and work camps are grouped with the corresponding CI. There are 515 Stellars in Florida and 85 of you in 14 different states other than Florida. **STELLAR POWER — HELP MAKE MORE.**

Everglades CI.....	79	Jefferson CI.....	16	De Soto Annex, WC.....	10
Union CI,.....	29	Santa Rosa CI, Annex.....	16	Dade CI.....	10
Marion CI, WC.....	26	Avon Park CI, WC.....	14		
Tomoka CI, WC.....	26	Wakulla CI, Annex, WC.....	12		
Sumter CI, Annex, WC.....	21	Hardee CI, WC.....	11		
Graceville CF.....	19	Blackwater River CF.....	11		
Madison CI, WC.....	19	Columbia CI, Annex.....	11		
South Bay CF.....	17	Liberty CI.....	11		



STELLAR PLAYERS (APR - JUNE 2024)

Stellar Name	TWTH Requests in (15 pts each)	Lessons in (35 pts each)	TWTH Comps. (50 pts each)	Total Points
Allen C	0	70	0	70
Antonio M	0	70	0	70
Christopher H	15	0	0	15
Christopher W*	15	70	0	85
Daniel H	0	35	0	35
David H	15	35	0	50
David L	0	35	0	35
Edgar H	0	35	0	35
Frank S	0	35	0	35
George B*	0	35	100	135
Geronimo C	15	0	0	15
Gregory N*	30	70	0	100
Jack T	0	70	0	70
James C	15	0	0	15
James K	0	35	0	35
James K	30	0	0	30
James S	30	35	0	65
James T	0	35	0	35
Jason F	0	35	0	35
Jason S*	0	105	50	155
John C	0	35	0	35
Joseph Y	0	35	0	35
Joshua M	0	35	0	35
Kevin B	30	35	0	65
Leigh F	0	35	0	35
Lorenzo W	15	0	0	15
Marcus S	0	70	0	70
Mark N	0	35	0	35
Marlon O	0	35	0	35
Michael M	0	35	0	35
Miguel G	0	35	0	35
Nathaniel C*	15	35	50	100
Renard M	0	35	0	35
Ricky N	0	70	0	70
Robert F *	60	70	50	180
Robert H	0	0	50	50
Roger S	0	35	0	35
Ronald R	15	0	0	15
Rufus H	0	35	0	35
Scott M	30	0	0	30
Stuart D	15	0	0	15

Stellar Name	TWTH Requests in (15 pts each)	Lessons in (35 pts each)	TWTH Comps. (50 pts each)	Total Points
Terrence H	15	0	0	15
Urbano T	15	0	0	15
Vasten B	15	0	0	15
Wilbert L	15	0	0	15
William C	0	35	0	35
William S	30	0	0	30